

3 Days Fasting and Prayer Plan

Here is a suggested three-day fasting and prayer plan:

Day 1:

Morning:

- 1- Begin the day by seeking God's guidance and setting your intentions for the fast.
- 2- Spend time in worship and thanksgiving, expressing gratitude to God for His goodness and faithfulness.

Mid-Morning:

- 1- Dedicate this time to personal reflection and repentance. Ask God to reveal any areas of your life that need cleansing or healing.
- 2- Pray for forgiveness and surrender those areas to God, asking for His transformative power to work in your life.

Afternoon:

- 1- Focus on praying for personal breakthroughs and specific needs in your life, including areas related to employment or any other concerns you may have.
- 2- Pray for clarity, wisdom, and guidance in your career and job search.

Evening:

- 1- Spend time meditating on Scripture. Choose verses that speak to your situation and seek God's perspective and encouragement.
- 2- Journal your thoughts and insights, capturing any impressions or revelations you receive during this time of fasting and prayer.

Day 2:

Morning:

- 1- Begin with worship, praising God for His faithfulness and goodness.
- 2- Spend time praying for others, including family, friends, co-workers, and anyone in need of breakthroughs or healing.

Mid-Morning:

- 1- Intercede for your community, nation, and world, praying for peace, justice, and the spread of the gospel.
- 2- Lift the needs of those who are unemployed or facing job insecurity, asking God to provide opportunities and financial stability.

Afternoon:

- 1- Engage in spiritual warfare by praying against any obstacles, hindrances, or spiritual strongholds that may be affecting your employment situation.

- 2- Declare God's promises and speak blessings over your career, job interviews, and future employment.

Evening:

- 1- Engage in personal worship and prayer, seeking God's presence and listening for His voice.
- 2- Spend time in silence, allowing God to speak to your heart and provide direction and clarity.

Day 3:

Morning:

- 1- Begin with gratitude and thanksgiving for the breakthroughs you anticipate receiving.
- 2- Pray for increased faith and trust in God's plan, even if you have not seen immediate results.

Mid-Morning:

- 1- Pray for doors of opportunity to open and for favour in your job search or career advancement.
- 2- Seek God's guidance in making wise decisions regarding your employment and future.

Afternoon:

- 1- Continue to intercede for others, lifting their needs and desires for employment breakthroughs.
- 2- Pray for unity and blessings in your workplace, even if you are not currently employed.

Evening:

- 1- Dedicate time for praise and worship, celebrating God's faithfulness throughout the fasting and prayer period.
- 2- Close the fast by expressing gratitude to God for His answers and His presence during this time.

Note- Remember to stay hydrated during your fast and seek medical advice if you have any health concerns. It's also important to be flexible and listen to the leading of the Holy Spirit throughout the fast, adjusting the plan as needed.